

# Ms Olga Skiadopoulos

## Psychologist

### Vocational, Organisational & Occupational



#### Current Positions

##### Psychologist

###### Sydney's Work & Health Centre

- Psycholegal report writing as expert witness.
- Psychological treatment work – SIRA / Medicare
- Supported Wage Scheme Assessments (2005)
- Psychological Stress Assessments of claimant and relevant workplace people to inform my opinion.

###### Subcontracted to various organisations including:

- Resilia (2014)
- AMCL Bankstown (2010)
- Rehab Solutions Australia
- WIMS, Kairros
- Occupational Health Professionals
- CRS
- Claims Intervention (pre-liability assessments for Police Service NSW)
- Forensic Psychologists Pty Ltd (clinical treatment of case load in a residential addictions facility Oct 2017-2019)
- Canterbury Plaza Medical Centre (November 2017-Dec 2019)

Have been subpoenaed and been in court as an expert witness.

##### Occupational Rehabilitation Psychologist

- Conduct Psychological, Vocational and Section 40 Assessments
- Psychological Treatment
- Assist injured workers with their occupational rehabilitation according to SIRA Guidelines
- Liaise with health professionals, employers, unions, government bodies, insurance companies and workers (clients) to achieve desired outcomes
- Provide regular verbal /written reports to all relevant parties
- Manage Business eg, delegation of work to consultants, review of their reports, marketing, managing accounts

#### Previous Positions

Counsellor / Family Support Worker (part time)  
KU Children's Services, Macquarie Fields

Rehabilitation Case Manager (Psychologist)  
Occupational Health Professionals, Wetherill Park  
Duties:



Help injured workers return to work following the SIRA (formerly Workcover NSW) guidelines.

Senior Case Manager / Counsellor  
Mission Employment

Duties:

Individual assessment, and case management of clients under various programs including long term unemployed, at-risk youth, people with disabilities. Group Facilitation and individual skills building to help people secure employment. Liaise with Employers (and develop business relationship), Government Bodies, Unions, and Community to achieve desired outcomes  
Recruit, supervise and train case managers, and administrative assistant to develop team.

Education & Qualifications

Certificate of Psychological Practice College of Psychological Practice	Jan 1993 - July 1995
Graduate Diploma Employment Relations University of Western Sydney, Nepean	1992 - 1997 (Part-time)
Master of Arts (Psychology) The University of Sydney	1991
Bachelor of Arts (Psychology) The University of Wollongong	1990

Short Courses and Accreditations

- Medico-Legal Report Writing, Stress Solutions
- Reliable Witness Course, Dr Phill Watts
- Workshop on Advanced CBT Training, APS
- Training and Accreditation as a Wage Assessor
- Healing Chronic Traumatization Conference
- Accredited Supported Wage System Assessor (No:53483) FACS
- Medicare Australia APS Information Evening (Provider number 258103)
- Motivational Interviewing. Relapse Prevention
- Dual Diagnosis for Psychologists. NSW Health
- Australian Guidelines for the Treatment of Adults with Acute Stress Disorder and Posttraumatic Stress Disorder. (February 2007) NHMRC and Australian Centre of Posttraumatic Mental Health.
- Expert Witness Training OT Australia NSW.
- The Changeways Core Program: Evidence Based
- Group Depression Treatment, CBT, APS.
- APS Endorsed Training as a Supervisor for Psychology Interns by Daphne Hewson (PS0004311)
- Psychologist SIRA approval number obtained (9080).
- CBT course for Mental Health Problems
- Polyvagal Theory Can Revolutionize Your Work with Trauma Survivors with Stephen Porges.
- Part 3: SIRA workers compensation allied health practitioner online training program – to update knowledge of requirements
- Healing the Family Members of People with
- Narcissistic and Borderline Traits, Dr Fjelstad (APS endorsed 7 CPD hours)
- EMDR, Weekend 1, S. Burzynski (25 CPD hours (including supervision))
- Bessel van der Kolk, Sydney Trauma Conference



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- APS Masterclass on treating workers compensation recipients
- PESI online courses
- Internal Family Systems Therapy for Trauma, Anxiety, Depression, Addiction & More: with Richard Schwartz and Frank Anderson. (11 CPD hours)
- Attachment Focused EMDR: A clinician's guide to healing trauma and developmental deficits (18 CPD hours with Laurel Parnell)
- Complex Trauma and Shame: Somatic Interventions with Janina Fisher (21.5 CPD hours)
- EMDR Toolbox: methods of treating Complex PTSD and dissociation with an AIP Therapy Model, Jim Knipe. (Mooloolaba, QLD) Delivering effective coaching programs as a coaching psychologist (APS Event 019425)
- Mastering Complexity in EMDR Practice by Delores Mosquera and Anabel Gonzales conference
- Member of APS Disaster Response
- New Developments in EMDR (by Dr S. Schubert, M. Grant, T. McGuire Stanbury & C. Hynes), QLD

#### Current Memberships

- Fellow, College of Organisational Psychologists Australian Psychological Society
- Full Registration as a Psychologist
- Approved SIRA Psychologist
- Approved Medicare Psychologist
- Approved Victims Services Counsellor

#### Insurance Details

Psychologists Combined Malpractice / Professional Indemnity and Public and Products Liability Insurance covered. Policy 83MUL7162055 current to 30 June 2022, AON. Workers compensation with iCare

